



Give Girls Game

Who: Girls 10-16

What:

- A FREE “Fitness Festival” on the UIC campus, bringing together organizations that can show girls how to get moving, whether it’s playing a sport, dancing or jumping double-dutch. At each station, girls will watch demonstrations and interact with instructors, with the goal of helping them make a fitness plan.
- After the girls visit all the festival stations and earn a t-shirt, we’ll keep them moving by walking together to UIC Pavilion.
- At the Pavilion, the girls will participate in the excitement of the second game of the season as the Chicago Sky takes on the Minnesota Lynx. The Sky game is an unforgettable opportunity for these girls to witness first hand the power and poise of professional female athletes and provides a motivating message of what can be accomplished through dedication, determination and discipline.

Where:

Fitness Festival at University of Illinois Chicago, SEO Field, 750 S. Halsted
Sky game at UIC Pavilion, 525 S. Racine, Chicago

When: Thursday, May 29, 2008

Timeline:

4:00 pm – 5:30 pm: Fitness Festival
5:30 – 5:45 pm: Speakers
5:45 – 6:00 pm: March to UIC Pavilion
6:00 – 7:00 pm: Meal/watch pre-game warm-ups
7:00-9:30 pm: Sky v. Lynx game
9:30 pm: Bus pick-up

Why: To inspire girls to get active, to build their self-esteem and to take action to accomplish their dreams.

Organizers:

Chicago Sky
Chicago Park District
Girls in the Game
Girls on the Run Chicago
Mayor’s Fitness Council
Sky Cares Foundation
Step Up Women’s Network
Women’s Sports Foundation's GoGirlGo! Chicago

