



**Girls Inc. of the
Washington, DC
Metropolitan Area**



**The WBNA Washington Mystics
present...**

HEALTHY LIVING, GIRL! ESSAY CONTEST

1st Place Prize—\$100 Certificate Of Deposit!

2nd And 3rd Place Prizes will also be given!

All girls who enter will attend a celebration reception!

1st, 2nd, And 3rd Place Winners will be selected for each grade.

**Tell us how you are strong, smart, bold and healthy
in your life, style and choices.**

Possible topics:

- ◆ Nutrition
- ◆ Exercise—dance, sports, walking, etc.
- ◆ Building positive self esteem for yourself and others
- ◆ Living free of drugs and other harmful substances
- ◆ Keeping your community clean and beautiful
- ◆ You tell us...

All **entries** should be **two to five pages** and include: student's name, birthdate, grade, school name and address, homeroom teacher, home address, home phone number, and parent name(s).

DEADLINE FOR SUBMISSION: Friday, March 30, 2007. Email or mail entries to dcgirlsinc@gmail.com or Girls Inc. WDCMA, 1001 Connecticut Avenue NW Suite 740, Washington, DC 20036

Open to girls in Grades 6, 7, and 8 in Washington, DC public or charter schools.

Questions? Contact Girls Inc. of the Washington, DC Metropolitan Area at dcgirlsinc@gmail.com or 202-806-1175.

**girls
inc.®**

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